**2023 Climb High Schedule**

**Friday, February 3rd**

\*\*All sessions will have a 20 minute open stretch\*\*

**Session 1: Level 5 and Xcel Platinum**

**Open Stretch: 9:00am**

**Session 2: Levels 9, 10 and Xcel Diamond**

**Open Stretch: 12:30pm**

**Session 3: Levels 6 and 7**

**Open Stretch: 4:00pm**

**Saturday, February 4th**

\*\*All sessions will have a 20 minute open stretch\*\*

**Session 4: Level 4**

**Open Stretch: 8:00am**

**Session 5: Level 8**

**Open Stretch: 11:15am**

**Session 6: Level 2 and Xcel Bronze**

**Open Stretch: 2:15pm**

**Session 7: Level 3**

**Open Stretch: 4:45pm**

**Sunday, February 5th**

\*\*All sessions will have a 20 minute open stretch\*\*

**Session 8: Xcel Silver**

**Open Stretch: 8:00am**

**Session 9: Xcel Gold (53)**

**Open Stretch: 11:30am**

* **Centre Elite - LTD**
* **Cutting Edge - River Run**
* **Dynamats - Shooting Starz**
* **G2 Gymnastics - Tate’s Gymnastics**

**Session 10: Xcel Gold (53)**

**Open Stretch: 2:00pm**

* **Cumberland - Prime**
* **Energy - Silvia’s**
* **Lakettes - Sunshine Gymnastics**
* **Power and Grace - Uzelac**